

# THE PROCLAIMER



WILLOW AVENUE CHURCH OF CHRIST VOL. XXXVII ISSUE #19 MAY 10, 2017

## **How Drinking Skim Milk can Help Your Marriage**

*I grew up drinking 2% milk. Sometimes it was just good old vitamin D milk. We might on occasion drink 1% milk. But skim milk? No thanks. Isn't that just water with some kind of milk powder in it? Is there such a thing as white food coloring in water? – because that's what skim milk tasted like to me. I didn't like it at all and I decided that if I was ever going to drink milk it wasn't going to be skim.*

*But then I got married and guess what? I found out right away that my wife grew up drinking skim milk. To her, 2% milk was too thick and whole milk was disgusting. So she was not interested in drinking any milk that wasn't skim. So we had a choice to make. One of us could either try to like a different kind of milk or we could buy both skim and 2% and leave them in the fridge all of the time.*

*Welcome to marriage! They don't teach you this stuff before you get here. You learn as you go. I have often laughed in premarital counseling sessions when young couples think that everything is going to be pie in the sky. You find out once you are married that there are a lot of things you didn't know about the other person. Things are going to come up and you are going to have to figure out how to resolve them. Early in marriage couples fight over the silliest things! It usually isn't really about the issue at hand, but rather, it is that two people are trying to jockey for position in the relationship.*

*You see, when people live together everything about them is exposed to the other person: the fact that they are messy, or that they don't hang up their towel in the bathroom the same way that you do. Maybe they snore. Maybe they want the thermostat at a different temperature all the time. Maybe their ideas about individual responsibilities over certain household chores are different. Maybe they are a morning person and you are a night owl.*

*So guess what? I started drinking skim milk. Why? Why give in? I didn't see it as giving in. I saw it as a way to show my wife right off the bat that milk was not that important. I felt that I needed to lead the marriage. I have heard people say over the years that marriage is about compromise. I understand what they are trying to say but I don't think that I entirely agree. If marriage is about compromise then what you are saying subconsciously is that you think the other person has moments in which they need to bend your way. That's stinking thinking. It leads to an attitude of discontentment and resentment on those occasions when you had preset in your mind that it was their turn to do it your way.*

*I would rather say marriage is about sacrifice. Somewhere I remember reading that God said a relationship between husband and wife was to be like the relationship between Christ and the church. Christ exemplified his love for the church through full sacrifice. It humbles me as a husband to realize that my job in my marriage is to spiritually lead my family by loving and sacrificing in the same way that Jesus did for the church.*

*The rest of the story? Well, for about 20 years now I have been drinking skim milk. I still prefer 1 or 2%. But I have gotten used to skim and it's not bad. And if the milk spills I don't cry about it. It's just milk.*

*“Husbands, love your wives, just as Christ also loved the church and gave Himself for her” –  
Ephesians 5:25*

*Jeremiah Tatum*

**Sermon Topics May 14, 2017**

9:00 a.m. – Jeremiah Tatum  
God's Purpose In Motherhood  
Proverbs 1:8-9

6:00 p.m. – Jeremiah Tatum  
Why Can't I Think Like Jesus?  
Philippians 2:5-8

Contact elder for May is  
**Dan Huffines 931-704-6342**  
[danh@twlakes.net](mailto:danh@twlakes.net)



**NEW ADDRESS**

Shirl & Lenora Allen have a new address.  
1313 Bridle Path, Cookeville, TN 38501  
Phone numbers stay the same.

**FOR THE RECORD – MAY 7, 2017**

9:00 a.m.	435
10:15 a.m.	359
6:00 p.m.	358
Wed 5/3	327

We have received "Thank You" cards from:

- Mary Jo Smith
- Jim & Pat Grimes, Susan Grimes Fortner,
- Rhett, Paul & Kat Fortner
- Mike & patty Dyer
- Becky Honeycutt
- Michael Allison
- Gary Risley

*We extend our sympathy to Patty Dyer in the death of her uncle, William Thomas. Funeral services were in Lyles, TN.*

**CENTURION OF SCRIPTURE**

**May 7 - 14 Children & Parents**

Ephesians 6:1-2

- 1) "Children, obey your parents in the Lord, for this is right."
- 2) "Honor your father and mother, which is the first commandment with promise;



*Congratulations to Lindsey Phillips on the birth of Dawson Dean Phillips on Monday, May 8. Dawson weighed 9 pounds 3 ounces and was 22 inches long. Proud grandparents are Danny & Teresa Phillips.*



*Congratulations to Shawn & Jessica Wilson on the birth of Samuel Atticus Wilson on May 9. He weighed 7 pounds 14 ounces and was 19 inches long. Proud grandparents are Reed & Tammy Wilson. Uncles and aunts are Chuck & Emilee Wilson, Hunter & Mindy Harp, Brandon and Emily Kerley. Cousins are Ben Wilson, Talon Kerley and Sutton Harp.*

**VBS**



Saturday, June 17<sup>th</sup>. Reserve your "Ticket to Adventure", Mark your calendar, Pack your bags, Grab your passport, Be ready to travel. This is a day for both Kids and Adults. Think about how you want to assist the travelers: teaching, props, crafts, transportation or meals. There is a place for everyone to help. Signup tables are positioned around the building so choose an area where you can help.

**PANTRY ITEMS**

**May 14 - 20**

**#14 - Dewight Stamps' Class**

Spam

**#15 - College Class**

Canned Corn

**#16 - Mike Dyer's Class**

Pork & Beans

**#17/18 - Jeremiah's Class**

Vegetable Beef Soup

**Auditorium Class**

Tuna



*A Special Happy Anniversary to Robert & June Cowan celebrating 65 years on May 16.*



Since this Sunday is Mother's Day, the Kindred Spirits will not be going to Morningside to sing. They will resume going to sing the second Sunday in June.



### GOLDENAIRE

Be sure to sign up for your trip to the Alvin C. York home and to eat at the Garden Grill in Jamestown on Thursday, May 18. See the GoldenAire bulletin board for details.



### BUS DRIVER

Sunday morning, May 14 is Mike Briggs (931-261-5311)  
Sunday night, May 14 is David Lancaster (931-644-3192)  
Wednesday, May 17 is Buddy King (931-510-1281)



### COOKBOOKS

If you were not able to attend Ladies Day, the elders have decided that since there are a few extra Ladies Day Cookbooks, they will be made available free of charge, one per family, (1<sup>st</sup> come 1<sup>st</sup> serve) until the supply is exhausted. A sign-up sheet is on the Ladies bulletin board.



### WILLOW MEALS

Make a difference in someone's life – sign up to prepare a dish to help with Willow Meals. The menus are posted on the bulletin board at the

end of the hall next to the kitchen.  
**MAY MENUS ARE NOW POSTED**

**PLEASE SIGN UP TO HELP**



### ATTENTION MEMBERS

The Parking Lot will start to be sealed by mid-May. They will be sealing it in sections. Please avoid driving over the areas as they are roped off. Thank you for your co-operation in this effort.



### PRAYER LIST

*It was good to see Debbie Birdwell, Larry Farley, Pat Grimes, Gary Risley, Margaret Way, and Sherri Webb all back at worship Sunday.*

- > *Michael Allison had surgery on Monday, May 8. He came through surgery OK but they were unable to accomplish what they had hoped. He will probably go to Chattanooga for rehab.*
- > *Vonda Graham is sick at home.*
- > *Faye Jackson had eye surgery on Wednesday, May 10 in Crossville.*
- > *Jimmy Briggs (brother of Janet Woodward) is having complications from his cancer.*
- > *Joy Carter is now at home with hospice care. (niece of Pat Grimes)*
- > *Rick Hess had surgery Monday, May 8. (brother-in-law of Lola Wood)*
- > *Linda Flatt is in ICU at CRMC with serious heart problems. (sister of Glenn Stockton)*
- > *Brenda Shanks has been moved from ICU to room 643 at CRMC. (sister of Doug Stewart)*

**Sick or Recuperating at Home:** Katherine Gaw, Cynthia Tate

**Our Members dealing with cancer:** Bud Scott, Tammy Wilson

**Those dealing with ongoing health problems:** Michael Allison, Carl & Aileen Alred, Susan Ashburn, Angie Bilbrey, Helen Burgess, Kelly Fletcher, Pat Goodpasture, Sherree Hawkins, Judy Hix, Rose Keith, Donna Kinnaird, George Reitenour, Billy Sliger, Owen & Maudean Sparks, Peggy Sparks, Amos Spurlock

**Our Shut-Ins:** Dib Anderson, Bud Bartlett, Patti Boyd, Robert Cowan, Florene Davis, Ruth Gentry, Ben Gore, Rick Grimes, Marie Jackson, Reda Judd, Doug & Pearlene McCulley, Virginia McGee, Ressie Pharris, Jean Pitts, Rachel Stafford, Betty Tinch

### **Those in Nursing Homes or Assisted Living:**

- Bethesda:** Belle Butts, Irene McBroom, Jimmy Sitto
- Cedar Hills Senior Living:** Phyllis Julian, Sara Lewis, Zina Mitchell
- Heritage Point Assisted Living:** Bud Scott
- Life Care Center Sparta:** Dean Cobb, Leslie Cole, Eddie DeLoach, Billie Watson
- Senior Lifestyles:** Shelby & Bonnie Forkum
- Signature Healthcare:** Juanita Nation, Glenn Webb
- Mabry Healthcare Gainesboro:** Olga Szalay, Kathleen Ragland, Betty Richardson
- Morningside:** Pearl Cockrum, Edith Stewart
- NHC:** Mamie Henry, Ann McWaters, Mildred Palk

**CARE LINE: 931-432-6333**

Willow Avenue Church of Christ  
1150 South Willow Avenue  
Cookeville, TN 38506

**ELDERS**

Jeff Gaw - Larry Harp  
Dan Huffines - John Hudson  
Roy Johnson - Gary Risley  
Reed Wilson

**DEACONS**

Barry Allison - Ralph Bryant  
Tom Bumbalough - Mark Caldwell  
Charles Cobb - Tyler Gaw - Dennis Hood  
Todd Hudson - Buddy King  
David Lancaster - Phil Phillips - Paul Pippin  
Steve Qualls  
Denny Richardson - Tim Richardson  
David Ray Smith - Ryan Smith  
Tom Stafford - Glenn Stockton  
Don West - Richard Wood

**MINISTERS**

Jeremiah Tatum - Preacher  
Mike Dyer - Involvement Minister  
Chase Fletcher - Youth Minister

**SECRETARIES**

Vickie Stockton & Cathy Whiteaker

**SCHEDULE OF SERVICES**

Sunday Morning Worship 9:00  
Sunday Morning Bible Study 10:15  
Sunday Evening Worship 6:00  
Wednesday Evening Bible Study 7:00

**RADIO BROADCASTS**

Sunday Morning Worship 10:00 AM  
WHUB - AM 1400  
WHUB - FM 107.7  
WHUB.com

**"Minutes of Meditation"**

Three Times Daily Monday - Friday  
WLQK 95.9 FM and WLIV 104.7 FM

**OFFICE HOURS**

Monday - Friday 8:00 a.m. till 3:00 p.m.  
Office Phone 931-432-2333  
Fax Line 931-432-2338  
Care Line 931-432-6333

Website [www.willowcofc.net](http://www.willowcofc.net)  
Email [willowcofc@twlakes.net](mailto:willowcofc@twlakes.net)

**PRIVILEGED TO SERVE**

**SUNDAY MORNING WORSHIP – MAY 14**

Lead Singing – Jacob Howard  
Read Scripture – Tim Woodward  
First Prayer – Mike Briggs  
Last Prayer – Danny Phillips  
Announcements – Steve Qualls  
Give Thanks – Gary Risley

**Prepare Communion for the month of May:**

Gwen Mann and Frank & Sherri Webb

**Serve the Congregation –**

<u>South Side</u>	<u>North Side</u>
Justin Pace	Joe Don West
Dan Miller	David Ray Smith
Buddy King	Brian Challenger
Hunter Harp	Tom Bumbalough

Take Communion to the Shut-ins – Brian Dudney  
Hubert Qualls

Usher in the Auditorium – Dominic DeLuca & Kevin Smith

Usher in the Vestibule and Assist with Outside Doors

(Please be here by 8:30 am)

North Door – Dan Evans      South Door – Mark Thomason

Sound Booth: Sunday & Wednesday

Songs – John Hoffmeister      Sound – Dennis Hood

Parking Lot Patrol – Brendan Johnson

Keep Nursery – Lucinda Moss & Susan Melton

If you cannot serve call Lisa Bumbalough at 931-260-8817.

Greet at Doors before Service & Hand Out Flyers

(Please be here by 8:30 am)

Door #1 – Justin Asbury  
Door #2 – Julie & Jessica Aikens  
Door #3 – Herb & Pauletta Baugh  
Door #4 – Charles & Debbie Bean  
Door #5 – Reba Barr

**SUNDAY EVENING WORSHIP – MAY 14**

Lead Singing – Lindon Carwile  
Read Scripture – Derek Gaw  
First Prayer – Luke Tatum  
Last Prayer – Jake Harrington  
Announcements – Steve Qualls  
Serve The Lord's Table – Toby Russell & Ron Johnson

Keep Nursery – Amanda Hudson & Madison Rice

If you cannot serve call Lisa Bumbalough at 931-260-8817.

Parking Lot Patrol – Brendan Johnson

**WEDNESDAY BIBLE STUDY – MAY 17**

Lead Singing – Carver Moore  
Invitation – Ryan Smith  
Announcements – Steve Qualls  
Prayer – Robert Oakes  
Parking Lot Patrol – Brendan Johnson

Pens-Pencils-Pews – Week of May 14 - 20

DeAnn & Brooke Alred

**IF YOU CANNOT SERVE CALL:**

**Charles Cobb 526-4337 or Lewis Coomer 252-2051**